



Rethinking Psychiatry 2013 Film Festival



February 21st through April 5th

First Unitarian Church • 1011 SW 12th Avenue • Portland, Oregon

\$5 - \$15 donation requested. No one turned away for lack of funds.

Please join us for this opportunity to share, discuss, and celebrate ideas and information concerning Mental Health through an array of films chosen and presented by local organizations advocating for and supporting mental wellness in our society.

Thursday, February 21, 7-9 PM

Mind Zone: Therapists Behind the Front Lines

Presented by Dr. Jan Haakin, Filmmaker and Professor of Community & Clinical Psychology at Portland State University.

Cosponsored by the Peace Action Group & Economic Justice Action Group of the First Unitarian Church, Returning Veterans Project, Fallen Warriors Foundation and Veterans for Peace Chapter 72.

Mind Zone: Therapists Behind the Front Lines explores the controversies and challenges of keeping people in unhealthy places, of therapists as both healers and warriors. While public consciousness grows of the post-traumatic stress disorder and the alarming suicide rates among soldiers and veterans, the struggle of those attempting to diagnose and treat them has never been told. *Mind Zone* is their story.

While making **Mind Zone**, director Dr. Jan Haaken, Portland State professor, clinical psychologist and documentary filmmaker was embedded with U.S. troops in Afghanistan. For the first time in history, the U.S. Army granted access to a team of filmmakers to document the challenges of maintaining mental and emotional healing on the front lines.

Dr. Haakin will introduce her film, and answer questions afterwards.

Friday, March 1, 6:30-9 PM

The Marketing of Madness

Sponsored by the Citizens Commission on Human Rights of Oregon, the Economic Justice Action Group of the First Unitarian Church and the M.O.M.S. Movement.

Facilitated by Ron Hatteberg, Executive Director of CCHR Oregon, and Cindi Fisher, founder of M.O.M.S.

This is the story of the high-income partnership between drug companies and psychiatry, a partnership which has created an \$80 billion profit center from the marketing of psychotropic drugs to an unsuspecting public. Just how valid are psychiatrist's diagnoses—and how safe are their drugs? Digging deep beneath the corporate veneer, this documentary exposes the slick marketing schemes and scientific manipulation that has so powerfully influenced how we view and treat those labeled as mentally ill.

Friday, March 8, 6:30-9 PM

Out of the Shadows

Sponsored by the Mental Health Action Group (MHAG) of First Unitarian Church. Facilitated by Rosemary Kirwin-Alvord, MHAG Co-Chair.

This very personal documentary chronicles the filmmaker's mother, Millie, and her family through Millie's battle with schizophrenia and her subsequent trials within the public health system. A story of madness and dignity, shame and love, this intimate film illuminates one family's struggle and helps dispel the stigmas and misconceptions surrounding this challenging condition.

Friday, March 15, 6:30-9 PM

Creating Healthy Communities

Sponsored by Sisters of the Road. Facilitated by Michael Moore, Sisters of the Road Advocate.

Sisters of the Road will present a series of short films, including **Concrete, Steel and Paint**. When men in a Pennsylvania state prison join with victims of crime to create a mural about healing, their views on punishment, remorse, and forgiveness collide. Finding consensus is not easy – but as the participants move through the creative process, mistrust gives way to surprising moments of human contact and common purpose. This complex story raises important questions about crime, justice and reconciliation – and dramatically illustrates how art can facilitate dialogue about difficult issues.

Friday, March 22, 6:30-9 PM

Generation Meds

*Sponsored by CASA for Children of Multnomah & Washington Counties and the Oregon Foster Youth Connection.
Facilitated by Steve McCrea, CASA Supervisor*

Generation Meds is a 30-minute film that resulted from a year of investigative reporting by ABC's 20/20. Diane Sawyer and her staff interviewed dozens of foster kids, adoptive parents, mental health providers, and child welfare professionals about the hugely disproportionate number of foster children who are given psychotropic drugs for behavioral and emotional issues. We see video clips of foster kids before and after being taken off medications, interviews of kids about their lives and their opinions on psychiatric drugs, and even a clip of 12-year-old Ke'onte Cook testifying before a US Senate committee on his views on foster care and the use of drugs to manage the emotional problems that frequently emerge in foster care. The film presents a moving and convincing indictment of the current practice of trying to medicate away the psychological effects of trauma and instability in children who have little ability to defend themselves from inappropriate and sometimes dangerous interventions. Don't miss it!

CASA for Children is a non-profit organization that trains and supervises volunteer advocates for children in the foster care system.

Friday, March 29, 6:30-9 PM

Hearing Voices: Approaches to Managing Psychosis Beyond the Medical Model

Sponsored by Portland Hearing Voices. Facilitated by Kate Hill, Extreme States Facilitator

For decades, a medical model has dominated the treatment of psychotics who hear voices. More recently, however, a psychological model, through which patients are taught to understand their voices, is gathering support. In **Hearing Voices: Approaches to Managing Psychosis**, noted psychiatrist Dr. Marius Romme and mental health professionals from both sides of the debate air their views on treating this severe psychosis. The value of the psychological approach is stressed, as voice hearers discuss their successes with counseling, support groups, and focus-building exercises. Does talking about the voices offer a viable alternative to lifelong medication?

Beyond the Medical Model was developed as a part of the Western Massachusetts Recovery Learning Community, a community of people who have survived a diversity of experiences and who strive to change the world. It paints a picture of a solitary model adopted into our culture and regarded as somehow so sacred that those who challenge it are essentially seen as having committed a strange brand of blasphemy.

Friday, April 5, 6:30-9 PM

Milk

Sponsored by MindFreedom International. Facilitated by CJ Lince of MindFreedom Oregon

This is a fact-based drama about Harvey Milk, the first openly gay person to be elected to public office in California, who was murdered along with San Francisco Mayor George Moscone in 1978. Discussion will include the recent removal of homosexuality from the list of disorders in the DSM, psychiatry's diagnostic "bible"; the parallels to being a closeted "mad" person; and the importance of direct action in activism.

For more information, please see our website: www.RethinkingPsychiatry.org

Rethinking Psychiatry is a project of the Economic Justice Action Group of the First Unitarian Church. We are part of a larger movement working to improve mental health care and our mental health system. We receive no funding from, and do not promote any particular organization, government entity, corporation, or drug company.